



# Hospital Day Story

- Hello! My name is Katie and I am 4 years old!

- I live at home with Mum, Dad and my brother Jake.

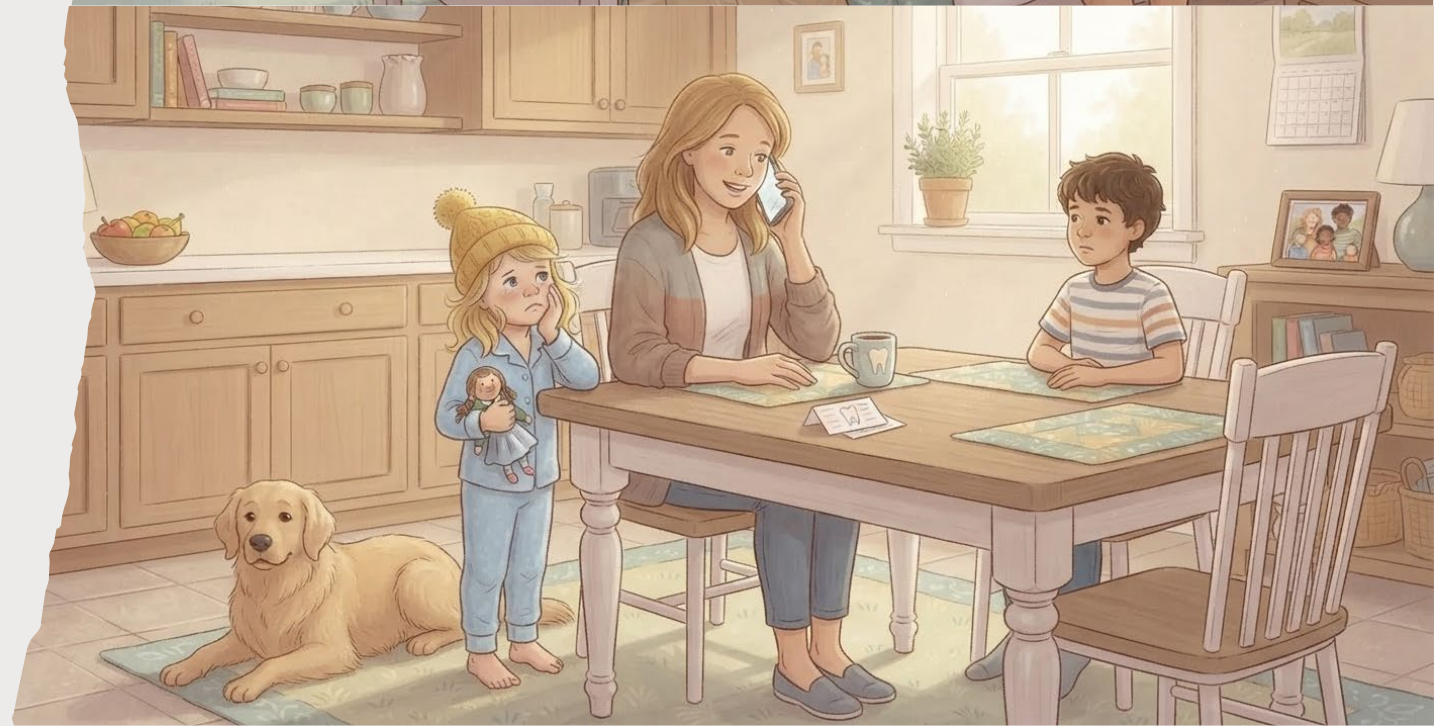
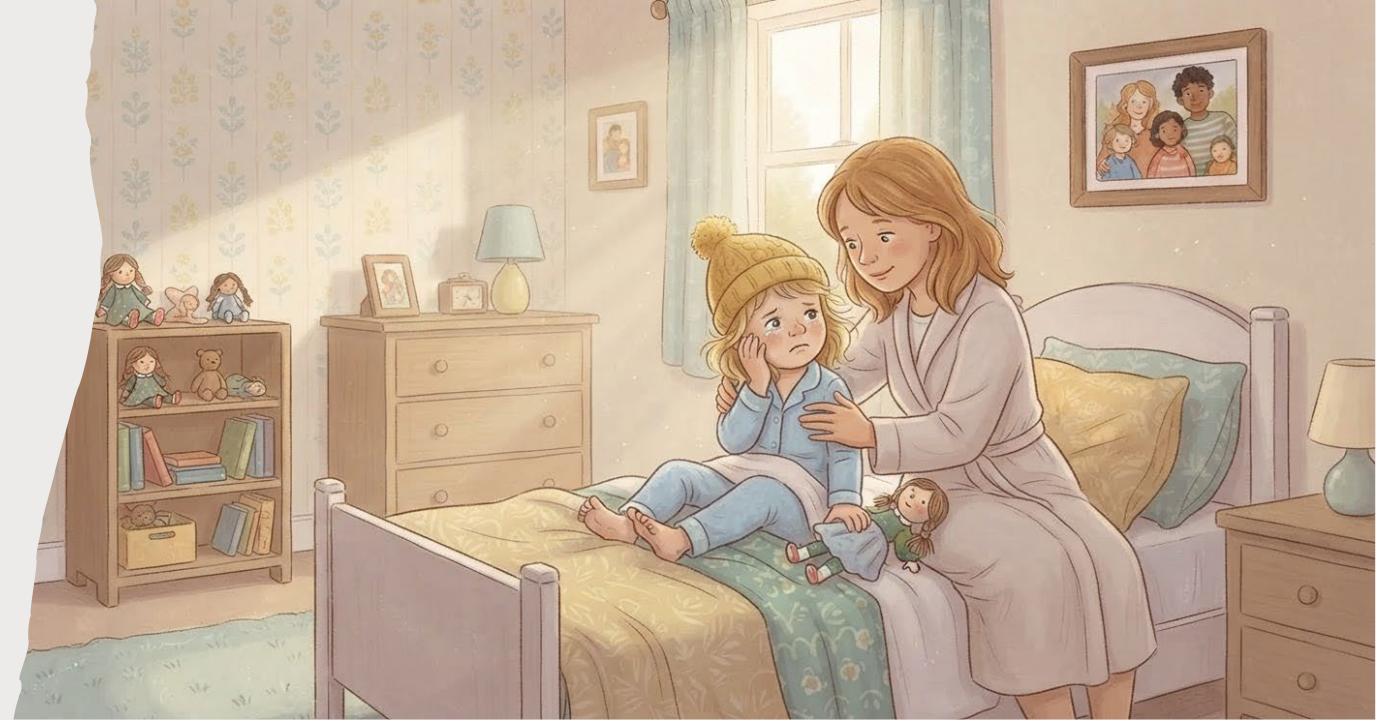
- I love to play with dolls, go on the swing and play with my brother.



- One day I woke up with a sore tooth.

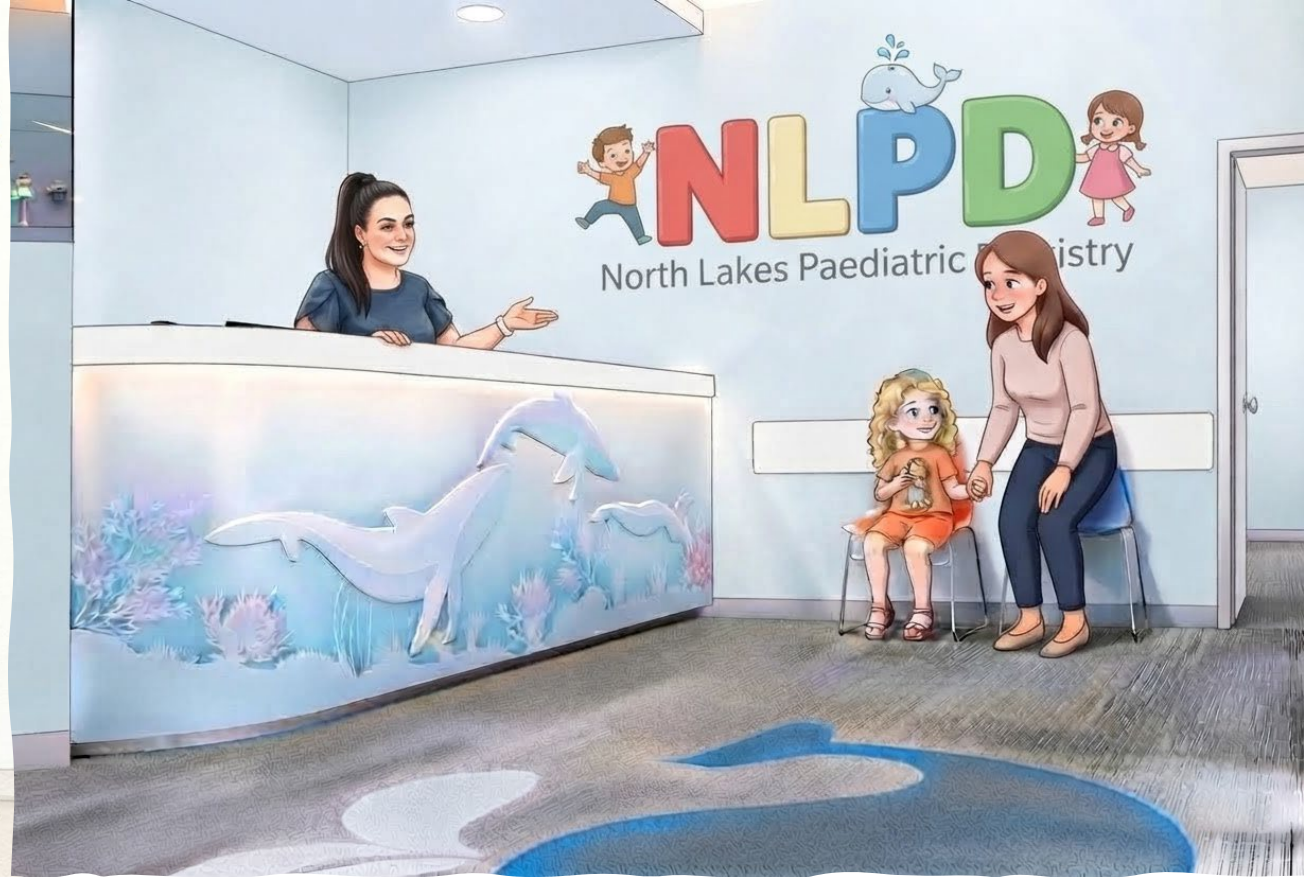
- It hurt a lot!! Mum offered a lot of cuddles.

- She booked an appointment to see a dentist to get my tooth looked at.



- I went to visit the special children's dentist, Dr Nymphia with my Mum.





- The kind and caring nurse – Andrea helped me and mum with everything.
- She gave me colouring pages and crayons whilst we waited and showed me how to brush and floss!!



- The waiting room had an interesting I-spy wall! I had a lot of fun finding starfish, toothbrushes and more!!
- There were also books to read and I got to choose what I wanted to watch on TV!





- The surgery room is a beautiful sea-themed room.
- I sat down in a magical chair which lay me back on the press of my nose-button!



- Dr Nymphia checked my teeth with a mirror. She also took two x-ray pictures of my teeth.
- I was a little scared but I was also very brave!



Whilst Dr Nymphia had a chat with my mummy about my teeth, I was able to play with Ally the Aligator!

I got to choose a treasure from the treasure chest.

I was given a gift bag with a sparkly toothbrush and some flossettes for my teeth.



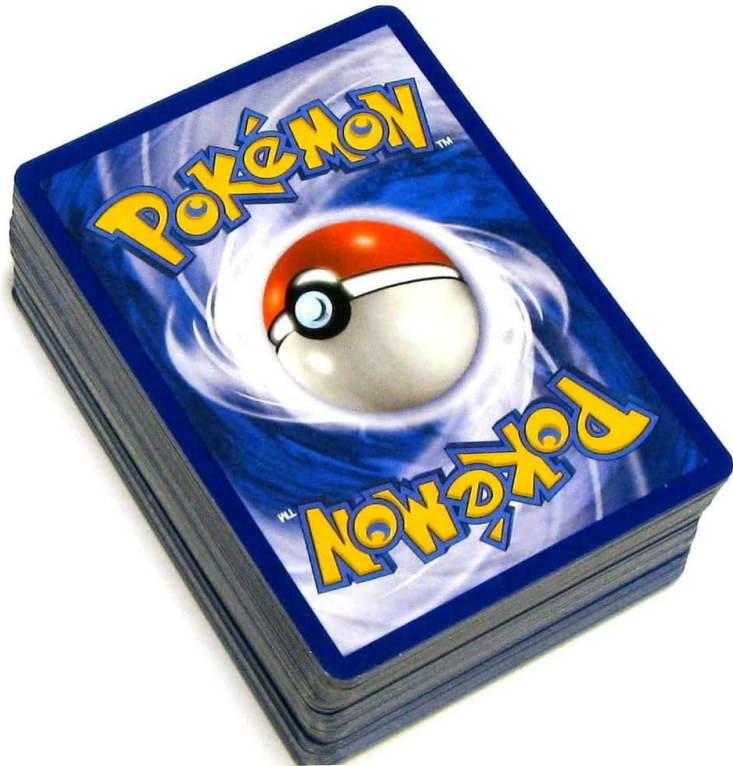
Dr Nymphia said I would need to go to the hospital and have my teeth fixed while I am asleep.



I will be going to one of these hospitals with Mum.

I can bring my favourite toys, books and games to  
the hospital.

---



- I will meet one of the sleep doctors who will give me a special drink of medicine

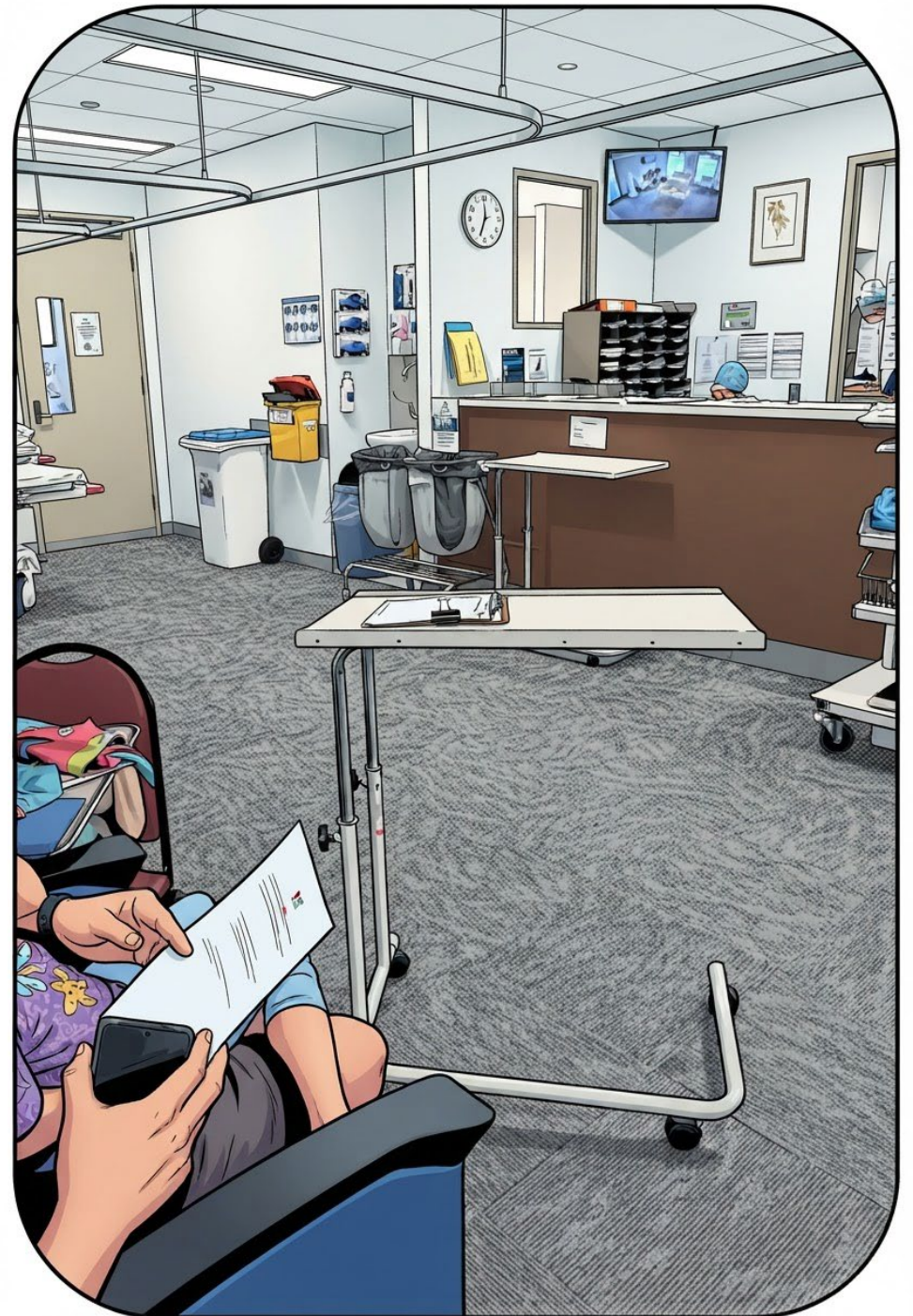


- Then I will see my dentist, Dr Nymphia.
- She may be wearing different clothes and a funny hat!



This is where I will sit  
and relax with Mum  
until I go into the room

---



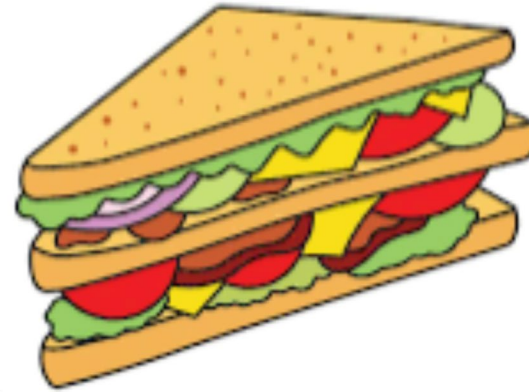
- When they say 'it's Katie's turn', I will go through these big doors with Mum.
- Sometimes, I may have a ride on the special bed with mum, too!





- I will see the friendly nurses, Dr Nymphie and the sleep doctor in this room.
- I might feel scared, but I will remember Mum is with me.
- I remember, I have been brave with the dentist before and I can be brave again.

- Dr Nymphia and the sleep doctor will help me feel calm and go to sleep.
- When I wake up from sleep, Mum will be there to cuddle me and help me feel better.
- I will then have some yummy food.





- Then Mum will drive me home!
- Mum and Dad will give me lots of cuddles and tell me how brave I have been.
- I will even get a special toy.

